

# Coaching Minor

## Degree Type

Minor

A total of 25 hours with grades of "C-" or better required.

## Required Courses

Item #	Title	Credits
HP230	PRINCIPLES OF COACHING	4
HP250	COACHING OF SPORT TOPICS	2
SM130	FIRST AID AND CPR	1
SM230	INTRODUCTION TO SPORT MANAGEMENT	4
SM333	MORAL AND ETHICAL REASONING IN SPORT	2
XS342	PRINCIPLES OF PHYSICAL TRAINING	2
XS363	STRENGTH AND FITNESS PROGRAMMING	2

## Required

8 hours from the following:

Item #	Title	Credits
PY350/350G	TOPICS IN PSYCHOLOGY	4
SM430	FACILITY AND EVENT MANAGEMENT	4
SM440	LEADERSHIP IN SPORT	4
SM445	LEGAL ASPECTS AND GOVERNANCE OF SPORT	4
XS331	EXERCISE AND SPORT NUTRITION	4
XS355	PHYSIOLOGY OF EXERCISE	4
	Total Credits	21